

<b>Level 3 Year I Sessions</b>			
<b>Week</b>	<b>LSN</b>	<b>Session Title</b>	<b>Conversations</b>
1	127	Ehyeh Asher Ehyeh	Kuthumi
2	129	A Meditation for Regular Use	Kuthumi
3	132	Beauty. Cube in Lower Chakras	Metatron
4	134	Using the Cube for Creation	Zadkiel
5	135	Using OM and Other Sound Templates	Michael
6	136	Unimpaired Comprehension as Creator Intended	~
7	137	Tenth Ray of Creation	Uriel
8	138	Multiple Attention Points. Chair Exercise. Soul Star	~
9	139	Tenth Ray - Unlimited Possibilities	Kuthumi
10	140	Tenth Ray to Organize in the Non-Physical	~
11	141	The Icosahedron and Magnetic Fields	~
12	142	Taking Density Out of the Physical	Uriel
13	143	Universal Mind and Earth Star	~
14	145	Add Tones to Lower Four Chakras Breathing	~
15	146	Unified Field Within Lower Four Chakras	Kuthumi
16	147	Amplify the Vibration of your Physicality	Kuthumi
17	148	Sound Currents of Lower Four Chakras. Kundalini	~
18	150	Installing the Christed Matrix #1	~
19	151	Installing the Christed Matrix #2	~
20	152	Environment in the Cube	~
21	154	Archangels Install Golden Light From the Second Ray	~
22	155	Crystallized Star Tetrahedron. Work with Relationships You Have	Metatron
23	156	First Ray of Will and Power	El Morya
24	157	Intwine Will and Power with the Unified Field	El Morya
25	158	The Five Elements	~
26	159	Using the Five Elements	Kuthumi
27	160	The Pineal Gland is Key to Consciousness	Metatron
28	161	Ignite the Pilot Light in the Pineal Gland	~
29	162	The Frontal Lobes of Your Brain	Metatron
30	163	Three Still Points: Heart, Pineal, Soul Star	~
31	164	Fifth Element and Chakra Toning	~
32	165	Making the Christed Matrix More Usable in the Physical	~
33	166	Yellow Unifies the Emotional-Mental-Physical	Yeshua
34	167	Triangle of Yellow	Yeshua
35	168	Work With the Yellow Color Coding. Stability	Yeshua
36	169	Merge the Soul, Spirit and Over Self in the Body	Yeshua
37	170	A Space of Definition	Yeshua
38	171	With Tenth Ray - Open the Eye of Horus Further	Metatron
39	172	Multi-Dimensional Fractals of You as Soul	Kuthumi
40	173	Blue Coding	Metatron
41	174	Blue Coding - Stable and Fluid	Yeshua
42	175	Play With Yellow and Blue, the Rays and Chakras	Metatron
43	176	Green Coding	Metatron
44	177	Red and Yellow Codes, the Chakras, Triads and Rays	~
45	178	Bring the Lower Chakras into a Cohesive State	Yeshua
46	179	Discernment	Kuthumi
47	180	More Play With Coding. You Are the Creator.	Kuthumi
48	181	Blue Code to Smooth Emotional Scars and Self-Doubt	Raphael

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49	182	Green Code in Heart's Chamber. New Human	Raphael
50	183	Cell Within the Wall, Molecule, Atom, God Particle	Raphael